

Spring 2014

# Farmers: Here's to your health

#### By Joan Sousek

On the popular TV series *Little House on the Prairie*, set in the late 1800s, Doc Baker often visited his country neighbors to check on their health. Those days are mostly gone, but there's still a place for farm health visits with the Rural Health Initiative (RHI).

RHI participant **Barb Riesenberg** agrees there's a slight similarity, but jokes, "We don't give her any chickens" – a reference to how country doctors sometimes were paid.

"Her" is **Dawn** (nee Barkow) **Dingeldein**, an RHI nurse who works with Riesenberg, her husband **Gary**, son **Greg** and his wife **Amber**, who live and farm on Capitol Drive in Belle Plaine.

Dingeldein is well suited for the job as she grew up on a dairy farm on Spruce Road in the town. The daughter of the late **LeRoy** and **Joann Barkow** knows the culture of dairy farming and uses that knowledge to help dairy farmers and others working in agriculture to stay healthy and safe.

RHI is a non-profit program focusing on health and safety concerns of farm families in Shawano, Outagamie and Waupaca counties, and soon in Marathon County.

The heart of the program is free, annual home visits, during which health professionals, check blood pressure and do a blood test (finger prick) to check cholesterol and glucose. Thanks to a portable machine, the test provides immediate results.

Visits also can include biometric screening — height, weight and Body Mass Index (BMI), health information and advice on

preventing serious ailments like heart disease, stroke and cancer. She also discusses healthy meal planning, child development and smoking cessation, and gives referral information.

Key to RHI's success is connecting to clients.

"I know the issues and what they need help with," says Dingeldein, who's been with RHI seven years. "It's a relaxed atmosphere. They feel comfortable talking when they need help."

Continued on page 4



Several people place bids on silent auction items during a fund-raiser for Chris Dewey, owner of the Rustic Resort that burned to the ground on Feb. 19. For more on the Rustic and the fund-raiser, see page 5.

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## Summer schedule packed with events

Another busy summer will kick off on May 24 with the CLPA annual meeting, 10 a.m., Round Lake Park picnic shelter. That same weekend, a huge rummage sale at the Belle Plaine Community Center will raise money for the nIc Foundation.

The annual Independence Day events will be held on Saturday, July 5. Included are the Kiddie Parade, 10 a.m., boat landing; Art Fair, 10 a.m.-4 p.m., Round Lake Park; Pontoon Parade, 6:30 p.m., around Pine, Grass Lakes; and Fireworks Association fireworks, dusk.

The second annual **Jim Aumann** Memorial Golf Outing is scheduled for Saturday, Aug. 16, at the Clintonville Riverside Golf Course with events starting at noon.

The annual Cloverleaf Lakes Triathlon will round out the summer on Saturday, Aug. 30, at the Rustic Resort grounds.

## Rustic Drive repaying delayed until Labor Day

#### **By Alvin Bartz**

As I write this article on April 14, it's still snowing. We have decided not to send plows out as the forecast says the snow could be melting by the time we would get the town plowed out. This kind of snow is hard on the mailboxes as the plow goes by, as well as rolling up the shoulder of the road, which is no longer frozen.

We have decided to delay the rest of the work on Rustic Drive until the week of Labor Day. It would be another week or two this spring before we could start, because of the harsh weather, and we didn't want to risk having the road torn up during the summer, especially over the busy Fourth of July weekend. We have a number of people who want to put utilities across the road after the pavement is ground up, so we will need to give it a week or two before paving. If you are planning on updating electrical or sewer connections, plan for the week after Labor Day.

We will be doing tree trimming on several roads after the oak wilt season. Low-hanging branches and trees leaning out over the road, especially on Cloverleaf Lake Road and several other roads, will be trimmed. People often ask how far back from the road can we plant trees. Generally, trees should be planted no

### Belle Plaine chairman's message

closer than 33 feet from the center of the road if you want to avoid having them cut when a road project occurs in your area.

We will need to address the cost of recycling at the dropoff site on Cloverleaf Lake Road. Recycling there costs about \$268 a ton. There is no extra cost for curbside pickup of recyclable bottles, cans and paper. The dropoff site was intended for the people where we are not able to provide house-to-house garbage pickup. If you live on a road where we pick up garbage, we would encourage you to use that service. Remember, during a holiday week, pickup may be on Friday instead of Thursday.

The Round Lake Park area including the picnic shelter is pretty well complete. It would be a great place to hold a family reunion or similar gathering.

We are in the oak wilt season now. You should not cut oak trees until October.

Farmers should be planting small grains and alfalfa and prepping ground for corn and beans soon. Maybe next week.

Have a good and safe summer.

#### Belle Plaine town notebook

Town taxpayers concerned about their property valuations can attend the "open book" session with the town assessor on Sunday, April 27, from noon to 2 p.m. at Town Hall. The Sunday time was set to accommodate workers and lake property owners who would be unable to attend during the week. The Board of Review will hear from those who dispute their property values on Saturday, May 17, from 8:30 a.m. to 10:30 a.m. An appointment must be made to have the board consider any changes in assessments. Associated Appraisal handles the town's assessments.

\* Reservations are being taken for the town's picnic shelter overlooking Round Lake. The facility can be rented for \$30 for residents or \$40 for non-residents. The Community Center is also available for rental. See the town clerk for details.

\* Regular hours for the Collection and Recycling Center on Cloverleaf Lake Road are Wednesdays from noon to 4 p.m.; and Saturdays from 8 a.m. to 4 p.m. **Jim and Corey Retzlaff** are the Recycling Center caretakers.

\* The Belle Plaine Card Club meets weekly on Thursdays at the Community Center from 9:30 a.m. until noon. All are welcome to join in the fun.

#### **Belle Plaine officials**

Alvin Bartz, chairman Harold Polzin, supervisor Dennis Thornton, supervisor Kristine Vomastic, clerk Heather Krueger, treasurer Dennis Hoffmann, constable

Newsletter editor: Dennis Thornton



Belle Plaine Community Center N3002 St. Hwy. 22 Clintonville, WI 54929 (715) 524-2690

#### Town clerk's hours:

5 to 7 p.m. Monday; 8:30 to 11 a.m. Saturday or by appointment

#### **Regular Town Board meetings:**

Second Monday of each month, 7:30 p.m.

#### **Committees:**

Planning, Zoning, Gibson Island Stewardship

#### Population estimate: 1,855

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## CLPA prepares for May 24 annual meeting

#### **By Dennis Thornton**

After what seemed like an endless winter, we're looking forward to an iceless lake filled with boats, anglers and swimmers. We can dream, can't we?

First up in a summer filled with events (see page 1) will be the annual meeting of the Cloverleaf Lakes Protective Association. The event was held at the Rustic Resort for many years, but was moved to the Round Lake Park picnic shelter last year. We will meet there again on Saturday, May 24, at 10 a.m. to accommodate the many summer residents who come here on Memorial Day weekend to open up their cottages.

There will be a vacancy on the board of directors. **Francie West** plans to seek re-election but no longer has the time to act as treasurer. **Kris Doan** has decided not to run again. So we will be looking for a board member who can do the treasurer's duties deposit donations and dues, pay the bills and keep the books. If you are interested, please contact me or a board member before the meeting. Of course, nominations can be made from the floor for the three-year term.

Besides coffee and donuts, the meeting will include reports from committees and announcements of events.

\* We are pleased to announce that our popular boat monitor, **Brittany Novak**, will return to the job this summer, starting in mid-May. She is graduating this spring from Clintonville High

### CLPA president's message

School. Her grandfather, DuWayne Novak, helps out.

The boat monitor, working part-time primarily on weekends, checks boats for invasive species, informs boaters about rules and keeps track of the number of boats for DNR records.

\* **Carol Wegner**, CLPA secretary, compiled a list of where Cloverleaf Lakes boaters came from in 2013. Not surprisingly, about 35 percent of the 1,242 boaters paying launch fees gave Clintonville or Belle Plaine addresses. The Fox Valley was right behind with 82 from Appleton, 22 from Greenville and 26 from Neenah. Green Bay had 57 boaters, Shawano had 66 and New London 39.

Some of the boaters came from farther away, including one each from Macomb and McHenry, Ill., one from Rochester, Minn., and one from Bloomingdale, Mich.

The boat launch fees of \$3 a day for non-residents and \$2 for Belle Plaine residents raise about \$4,000 a year to pay for the boat monitor as well as boat launch maintenance. There were also 42 season permits at \$20 sold last year. They can be obtained from the town clerk or at Mickster's.

\* The CLPA will again retain the Shawano County Sheriff's Department to conduct boat safety patrols, primarily on weekends. Officers volunteer for the shifts on overtime.

PINELAKE



#### www.CloverleafLakes.com

Board of Directors Dennis Thornton, President (715) 823-9151 thorngb@frontiernet.net Joe Mass, vice president (715) 823-3758 jandsmass@frontiernet.net CLOVERLEAF LAKES PROTECTIVE ASSOCIATION P.O. Box 288 Embarrass, WI 54933-0288

GRASS

#### "Preserving our lakes for future generations"

Carol Wegner, Secretary
(715) 823-6270
cawegner@frontiernet.net
Francie West, Treasurer
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kfwest@frontiernet.net

Kris Doan (715) 823-4739 krisd843@yahoo.com Dave Rosenfeldt (715) 823-6604 Dick Thurow (414) 430-9067

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## **Rural Health helps with farm family wellness**

#### **Continued from page 1**

Her low-key approach appeals to Greg Riesenberg.

"I like the people running it. They are all very friendly and knowledgeable," he says.

He also says the 8-10 page results pamphlet he receives after his assessment clearly spells out what he can work on.

"Seeing it on paper is right to the point," he says.

The family signed up in 2004 after being contacted by

Rhonda Strebel, first RHI employee and now executive director.

"Both of them (Strebel and Dingeldein) are really good at it because both were farm girls," says Barb. "They can relate to the people."

Understanding farm culture and going to the farm are key elements of the RHI model, Strebel said. They're part of RHI's "kitchen wellness."

The kitchen table is a trusted place where farm families meet and feel comfortable, the RHI website (wiruralhealth.org) notes. Taking services there fits with farm culture and is a convenient way to reach people.

"Most things come to them, like the milk man and the vet, and feed, fuel and seed are all delivered," Strebel say. "So it makes sense."

RHI Is open to anyone over age 18 who works in agriculture.

"The program serves rich, poor, large, small — all types of families - the Amish, large dairies, family farms - anyone who others. contributes to agriculture and lives in the service area, even a hoof trimmer would be eligible," she said. That includes hired staff.

The Riesenbergs are typical participants in that Gary and Greg have some issues with cholesterol and Barb with high blood pressure. The men, like many farmers, were not likely to visit the doctor unless

it was an emergency – in part because of cost due to high health insurance deductibles and lost production time, so RHI is a good fit.

Empowering farmers to take charge of their health is a positive result.

The Riesenbergs have made changes, including dietary improvements.

"We used to be a meat and potato family ... but now we have potatoes about once a week, if that," says Barb. "I try to buy wheat bread and rolls and I buy thin crust pizza ... There are lots of little changes you can make."

Gary said he never touches the salt shaker and doesn't miss it.



Rural Health Initiative nurse, Dawn Dingeldein, checks Barb Riesenberg's blood pressure in her kitchen on Capitol Drive. Barb and her family have been with the program since 2004.

"I eat pepper. That's good for me," Gary says.

They all are appreciative of RHI and would recommend it to

"Why not give it a try," Gary says.

RHI is 10 years old. It started in Shawano County growing out of collaborative meetings of farm families and representatives

from the UW-Extension, agri-business, along "We used to be a meat and potato family ... with local health, veterinary and school systems.

> Currently they work with about 350 families (around 600 individuals) in Shawano County — about 40 percent of the ag popula-

tion.

-Barb Riesenberg

but now we have potatoes about once a

can make (for a healthier diet)."

week.... There are lots of little changes you

It is community-funded and contributors include local health care systems, agri-business, individuals, fundraising events, grants and family foundations.

Now is an excellent time to donate in Shawano County because the Harold Pevonka Trust will double donations up to \$60,000.

Check for lake/town news at www.CloverleafLakes.com and www.BellePlaineWI.com

## Neighbors come to aid of Dewey, Rustic Resort

The Rustic Resort is gone, but owner **Chris Dewey** said some events will continue even after a Feb. 19 fire destroyed the popular bar and dance hall on Pine Lake.

Dewey plans to continue the July 5 boat-sinking contest complete with food and drinks. And the Cloverleaf Lakes Triathlon is being planned for Labor Day weekend with the headquarters under tents.

She also plans to move back to the Rustic Resort area in May after staying with a friend while recovering from burns suffered in the fire. She will manage the property's mobile homes. There are no plans to rebuild or replace the Rustic at this time.

Hundreds of friends and area businesses turned out for a March 22 benefit for Dewey, who lost everything in the blaze. The fund-raiser at Neighbors Bar and Grill south of Shawano featured about 150 raffle prizes, live and silent auctions, live music, a bake sale, food and drinks.

"It was fantastic," Dewey said later. "I'm blessed to have so many friends. It was wonderful community outreach. I'm overwhelmed."

An undisclosed amount of money was raised by the event, which was enough to pay Dewey's medical bills and other expenses, according to the coordinators.

Among the contributions was \$1,200 from Thrivent Financial to match donations that had been previously made at Associated Bank in Embarrass.

The fire's cause was not determined. It broke out on the morning of Feb. 19 and was fought by firefighters from Shawano, Clintonville, Embarrass, Pulaski, Navarino, Bonduel and Waupaca throughout the day.



A few of the hundreds of people who attended a fund-raiser for Chris Dewey on March 22 check out donated raffle prizes.



Flames shoot from the entrance to the Rustic Resort during the early stages of a fire that destroyed the building on Feb. 19. Photo by Kris Doan

The Rustic Resort was a popular destination since the 1930s (Dewey did not have an exact date of construction). It hosted big bands such as Lawrence Welk as well as countless weddings and banquets.

The late **Razz** and Chris Dewey bought the Rustic Resort in 1985 from Razz's father, **Vernon**, who had owned it since 1967.



Cleanup efforts begin at the site of the fire that destroyed the Rustic Resort.

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## Belle Plaine hotel joins Boarders brand

The former Comfort Inn and Suites, at the intersection of Highways 29 and 22 in Belle Plaine, has become the newest Boarders Inn and Suites by Cobblestone.

"We are proud to welcome the new Boarders Inn and Suites by Cobblestone in Shawano, Wisconsin," according to a state-

ment by Brian Wogernese, president of Cobblestone Hotels.

"Boarders Inn and Suites offers hoteliers a flat rate and more and more people are taking advantage of our simple structure," Wogernese said.



Cobblestone Hotels currently has 10 hotels under construction and 45 projects in development.

Based in Neenah, the Cobblestone and Boarders hotels are found

### School board incumbents lose

Incumbent Clintonville School Board member **Ben Huber** lost a bid for re-election in the April 1 election. Winners were **Jim Schultz** with 982 and **Tim Neely** 779. Huber had 771.

For Shawano's School Board, incumbent **Julie Van Dyck** lost her seat, finishing third in Area 4 with 681 votes. Incumbent **Marcia Yeager** was re-elected with 925 votes and **Beth McFarland** won a seat on the board with 761 votes. **Michael Sleeper** ran unopposed in Area 2.

The two County Board members who represent Belle Plaine ran unopposed. **John Ainsworth** represents District 16, the eastern portion of the town as well as most of Waukechon. **Bonnie Olson** represents District 17, which includes the part of the town west of Highway 22 as well as most of Richmond.

### Boater safety classes scheduled

Boater safety classes for young boat operators will be held in Clintonville during June, sponsored by the Waupaca County Sheriff's Water Patrol and the Wisconsin DNR.

Classes will be held in Clintonville June 16, 17, 23 and 24 at the Clintonville City Hall, 50 Tenth St. The classes will run from 5:30-8:30 p.m. and cost is \$10.

Pre-registration is required. Contact Steve Sullivan at (920) 740-5089 or email safetyafloat@yahoo.com.

Classes will be held at Shawano High School on Thursdays from May 6 to May 20 from 6 to 8 p.m. Pre-register by calling Kathy at (715) 526-7925.

For details on boating regulations, check the Department of Natural Resources website.

in several Midwestern states. The Shawano hotel is the ninth affiliated with Cobblestone in Wisconsin.

The Boarders Inn has 62 rooms. Amenities in each room include coffee service, upgraded bedding and free internet. Guests also have access to laundry service, indoor pool, lounge and hot breakfast. Max's Restaurant is next to the hotel.

Reservations can be made by calling the toll-free reservation line at (888) 693-8262 or online at www.stayboarders.com or www.staycobblestone.com.

### Rummage sale benefits nIc

#### **By Lynn Marcks**

The non-profit nIc Foundation invites everyone to their Rummage-Antique Sale-Brat Fry- Baked Goods fundraising event at the Belle Plaine Town Hall/Community Center on Memorial Day weekend. The fund raiser is on Friday, May 23; Saturday, May 24; and Sunday, May 25, from 7 a.m. to 4 p.m. There will be items for sale inside the Town Hall and outside in the parking lot.

Items for sale include furniture; glassware and collectables; hand, electric and garden tools; lawn and garden décor; enamelware; vintage jewelry and hats; lanterns, barrels, wheels, sprinkling cans, crocks, and milk cans; dolls, toys, clothing, household, and much more.

Brats, hot dogs, and hamburgers will be for sale plus soda and water. Baked goods will be available for purchase including coffee cakes, breads, cookies, cupcakes and muffins. Come and dine in the outdoor bistro area. Music for dining and shopping will be provided by **Jolene Van Beek**.

The nIc Foundation is seeking donated items for the rummage and antique sale. Donated items may be brought directly to the Belle Plaine Community Center on Thursday, May 22, between 10 a.m. to 8 p.m. or call Lynn Marcks at 715.823.4829 to make arrangements for pick-up of donated items.

### Bald eagles' nesting season begins

The boardwalk to Gibson Island, located off Cloverleaf Lake Road, is closed from Feb. 1 until the end of May during the nesting season for the bald eagles that have a nest nearby. The island is available by water during that time.

It is not known yet whether eaglets are present in the nest next to the boardwalk.

No motor vehicles, including snowmobiles, are allowed on the island at any time.

## Honor roll of CLPA Protectors donors

The following are donations and memberships received since the Winter newsletter was printed. Birch (\$250) Richard and Mary Hayney and family Pine (\$100) Linda Hosking Geno and Khristy Johnson Kevin and Debbie Koontz Tim and Jane Zuck Business (\$100) Cloverleaf and Embarrass Storage Mike Nelson, Nelson Services Ash (\$50) Anonymous John and Mary Beth Born David Littlejohn Harriet McCauley James R. Smith (James and Dorothea Smith Trust)

Other

Jerry and Blanche Eckers Russ and Kery Kafka Edwin and Mary Jane Renaud Bill and Donna Varney Dorothy White Kathleen Wolf **Memberships** Donald Brandl, Gerald and Darlene Breuer, Carl and Judy Bruggink, Kenneth and Stephanie Dunlavy, Jerry and Blanche Eckers, Mike and Patti Fletcher, Jim and Barb Goehler, Kevin and Linda Goodman, Keith and Janet Haskins, Robert (Bob) and Nancy Hawley, Richard and Mary Hayney and family, Ray Hornig, Linda Hosking, Craig L. Johanesen, Geno and Khristy Johnson, Russ and Kery Kafka, James and Beth Karlson, Kevin and Debbie Koontz, John and Linda Kraemer, Rick and Liz

Lehman, David Littlejohn, Kenneth Loken, Lynn and Steve Marcks, Lori and Greg Martin, Harriet McCauley, John and Larue McKay, Glenn and Peggy McMahon, John Meinhardt, Scott Monroe Family, Mike Nelson, James and Sally Norder, Edwin and Mary Jane Renaud, Wayne and Julie Ripp, Dave and Linda Robley, Don Rogalski, David and Sandra Rosenfeldt, Carl and Arlene Ruscitti, Arlene Schabo, Harriet M. Schauder, Geraldine Schertz, Mike Schlender, James R. Smith, Mark E. Speckhard, Richard Steenbock, James and Loretta Tesch/Daniel and June Pape, Scott and Jodi Tilleson, Bill and Donna Varney, Larry and Cynthia Volz, Dennis and Darlene Wagner, Robert and Dorothy Warren, Dorothy White, Roger and Judie Wilson, Kathleen Wolf, David M. Zachow, Jon Zimdars, Tim and Jane Zuck.

### 2014 CLPA Annual Membership: Please Join Now

Please make your check for \$25 payable to Cloverleaf Lakes Protective Association, fill out and clip this form, and send it to CLPA, P.O. Box 288, Embarrass, WI 54933-0288. Or, print out the membership form at <u>www.CloverleafLakes.com</u> and send it in. The membership is for the calendar year 2014.

Name:	
Lake Address:	-
Telephone:	Circle tax-deductible donation level
E-Mail:	— Mighty Oak \$1,000 Maple \$500 — Birch \$250
Home Address (if different):	Pine \$100 Ash \$50 Other
Dues <u>\$ 25.00</u>	Business \$100
l would like to make a tax-deductible donation of \$ TOTAL ENCLOSED \$	

**Thank you!** Note: Be sure to include your e-mail address so you can be added to the CLPA's e-mail list (managed by Ed Stuebe) to receive late-breaking information about the lakes.

Belle Plaine Community Center N3002 St. Hwy. 22 Clintonville, WI 54929

FIRST CLASS MAIL

### Aumann Golf Outing set in August

#### **By Bob Gross**

The **Jim Aumann** Memorial Golf Outing began last year as a way to honor Jim's legacy after his passing in December 2012. Before Jim's passing, he and **Kurt Popp** organized the Cloverleaf Lakes Protective Association Golf Outing that was a main fundraiser for the CLPA. For 17 years Jim and Kurt worked to provide a successful outing.

Last year, **Bradd Zeuske, Mike Wright** and I discussed keeping the golf outing going, but under a new name and changing the beneficiaries to Cloverleaf Lakes activities. The first Jim Aumann Memorial Golf Outing was held on Aug. 17 and had 55 golfers. There were also a number of people who joined the group for dinner only. The outing was able to make donations of \$800 each to the Cloverleaf Lakes Fireworks, the Cloverleaf Lakes Triathlon and the CLPA. Bradd, Mike and I donate our time organizing the outing. A group of people from the Triathlon volunteered to help out on the day of the outing which was very helpful in making the day run smoothly.

This year the outing will be on Aug. 16 at Clintonville Riverside Golf Course. The group has already begun organizing and collecting prizes. Some of the prizes include an R-1 Taylor Made driver, a Nike hybrid, Packer tickets, a basket of beverages and prints. This year the group has decided that a portion of the proceeds will go to **Chris Dewey** of Rustic Resort. The Dewey family has done so much for the Lakes area over the years and this is one way to give back to them.

The group is looking to have more participants at the outing from the Cloverleaf Lakes area and to have local businesses help do promotion. You can also help by donating a prize, becoming a hole sponsor or signing up a team. If you are not interested in golfing you could join us for dinner and the raffle. So, please join the Jim Aumann Memorial Golf Outing for a great day of golfing and fun.

The form to sign up for the outing is on the www.cloverleaflakes.com website.

#### Belle Plaine calendar

May 12: CLPA board, 9 a.m., Community Center. May 12: Town Board, 7:30 p.m., Community Center.

May 24: CLPA annual meeting, 10 a.m., Round Lake Park picnic shelter. June 9: CLPA board, 9 a.m., Community Center. June 9: Town Board, 7:30 p.m., Community Center. July 5: Kiddie Parade, 10 a.m., boat landing. July 5: Art Fair, 10 a.m.-4 p.m., Round Lake Park. July 5: Pontoon Parade, 6:30 p.m., around Pine, Grass Lakes July 5: Fireworks Association fireworks, dusk.